



TRESTLEWOOD PEDIATRICS

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**TRESTLEWOOD PEDIATRICS PATIENT PORTAL REQUEST**

**Patients, ages 15 and older**

(Adolescents ages 15 and older are advised to have their own account)

Complete the following information to receive an invitation to your patient portal.  
Please write legibly!

Email address: \_\_\_\_\_

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Zip code: \_\_\_\_\_

**Please give completed form back to a staff member once complete.**

You will receive a "Portal Invite" to the email provided above within 1-2 weeks.

If you do not receive the email, please contact our office. Don't forget to check your spam folder.

Please be aware that there may be some glitches as we start this process.  
Do not hesitate to call us if you have any questions.

----- for Staff Use Only below this line -----

Portal Invite sent on \_\_\_\_\_ . Performed by \_\_\_\_\_ .  
Date Initials



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## Welcome to the Trestlewood Pediatrics Patient Portal

You will receive an **invitation** via the email address that you provided on the included form. If you do not receive an invite email within 2 weeks, please call our office at **(269) 381-0118**.

Remember to check your spam/junk folders!

The link will direct you to the website: [myhealthrecord.com](https://myhealthrecord.com)

You will need to enter the exact information that you submitted on the form. The link will expire in **14 days**, so please do login as soon as possible. If your link expired, please contact the office for a new invitation.

The Patient Portal is a fantastic resource! Here are a few things you can do:

- Access data including current medications, immunizations, and growth charts
- View encounter summaries from previous visits
- Send and receive messages directly to our office staff and physicians
- Request routine medication refills
- See upcoming scheduled visits
- Request an appointment \*
- Update personal and insurance information \*

\* Please **call our office** to verify appointment requests and information updates!

### **Reminder:**

Urgent requests/questions should be directed to our office by calling **(269) 381-0118**.

For urgent after-hours issues, please call **(269) 998-0554**.

For emergencies, call **911**.

Please bear in mind that the Patient Portal (and the process for activating accounts) is new for our Trestlewood Team. We appreciate your patience as we learn all the capabilities of this new resource!

Thanks for partnering with us to keep your child's health on track!